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Constant Christianity

By Sidri Jenny Sidri, Jenny Sidri

iUniverse, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.In her inspirational book, Jenny Sidri offers a practical perspective to the teachings of Jesus that recall his direct words to us: Be perfect, even as the Father is perfect. The author shares her recovery from illness through a 3-step approach that employs daily meditation, thought training, and a personal inventory to increase self-understanding. Using the Master s words and universal truths, this volume lights the path to discovering a new sense of well-being and spiritual living. The busy and burdened lives of today s population can benefit by using this intensely practical approach for relief of stress and re-energized purpose in each moment. The author encourages spiritual seekers to develop conscious selfawareness, using the highest ideals to guide daily choices. The result is positive and productive living that engenders new joy and enthusiasm. Although this book is religious in nature, its precepts can be applied by all, for the methods speak to the universal side of everyone. The guidance offered in Constant Christianity will help readers recognize the beauty of developing sterling character, ultimately realizing a balanced...



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