



The Mindful Traveller: A Gateway to Better Travel

By MR Sean Stewart

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.How can you turn a normal trip into something truly special? The Mindful Traveller is not simply a list of the hottest new airline discount websites or advice on how to pack or yet another rundown of must-see bucket lists. This book is a distillation of travel techniques and strategies, honed over the course of over 25 years of travel experience, which can help you maximise your precious time abroad. You ll explore the secrets of itinerary planning by choosing a theme for your trip. You ll learn simple but effective ways to deal with setbacks and turn potential disappointment to advantage. You ll uncover some valuable tips on researching your trip and using guidebooks most effectively. You ll get the lowdown on the different types of travel agents and whether using one is a good idea for your trip. The Mindful Traveller - simple, straight talking advice to help you create a memorable and exciting trip, your way.



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