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Now is the Season

By Laura Faire, Kieran Scott

New Holland Publishers (NZ) Ltd. Paperback. Book Condition: new. BRAND NEW, Now is the Season, Laura Faire, Kieran Scott, This sophisticated cookery book reveals the key elements to good living and great honest food: seasonal cooking. Chef and gardener Laura Faire takes us back to our roots with her original recipes made from locally and seasonally sourced produce with temptations such as Warm Duck and Black Grape Salad from the Autumn menu, and Grilled Nectarines with Vanilla Mascarpone and Almonds from the Summer menu. Broken into seasons with sample menus for each, this rustic cook book includes recipes for starters, sides and lunches, mains, puddings, stores and tisanes. There are also ideas for homemade staples and tips for growing herbs, fruit and vegetables through the year with advice for purchasing the best quality local free-range meat and seafood. This book of soul-warming and flavour-filled recipes made from natural wholefoods is charming, fully rounded and holistic - an inspiration for chefs and gardeners alike.



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Reviews

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