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KARATE THEORY MANUAL



Lulu.com, United States, 2016. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Bunbu Ryodo in Japanese translates to an educated sophisticated warrior In the West, the term is Pen Sword . The vast majority of karate masters declare the art as first and foremost about personal development. However, it must also balance the reality of effective fighting skills. For these reasons, the physical personal developmental journey of karate is typically...

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- Released at 2016



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